

Salary Snapshot for Activity Directors across the U.S.

Click on this link <http://www.hhcsinc.com/reports/NH.pdf> and scroll down to view page 3 of the report. The other 4 sample pages show salaries for Housekeeping and Maintenance Supervisors, Assistant Directors of Nursing, and Charge Nurses. The 2013-2014 Leading Age Nursing Home Salary & Benefits report, is published by the Hospital & Healthcare Compensation Service in cooperation with Leading Age and support from the American Health Care Association. The full report, updated annually, is available for purchase from the Hospital & Healthcare Compensation Service.



Alzheimer's Type Memory Loss Reversed for the First Time

A small trial by UCLA and Buck Institute has found a "systems approach" to be successful reversing Memory loss. Amongst the 10 patients in the study, six patients had discontinued working or had been struggling at their jobs and all were able to return to their jobs or continue working with improved performance and all of the improvements have been sustained. The findings suggests that memory loss might be reversed using a complex 36 point therapeutic program that involves diet changes, brain stimulation, exercise, sleep optimization, specific pharmaceuticals and vitamins, and more. To learn more click here <http://www.buckinstitute.org/buck-news/Memory-loss-associated-with-Alzheimers-reversed>

Antipsychotic Reduction Goals

In September 2014, CMS announced that National Partnership to Improve Dementia Care has met the first goal of a 15% national reduction in antipsychotic medication use for the treatment of dementia. The Partnership has set new goals of a 25% reduction by the end of 2015, and 30% by the end of 2016. The states that have had the greatest rates of reduction thus far are: Hawaii (31.4%), North Carolina (29.9%), Vermont (28.2%), and Georgia (28.1%). To learn what percentage of residents **Percent of short and long-stay residents who received an antipsychotic medication in your care center, go the nursing home compare website, <http://www.medicare.gov/nursinghomecompare/search.html> Type in your care center name. You can also select a few other neighborhood care centers for comparison. Then, click on the Quality Measure Tab and scroll down to the last item on the left to review the percentage of residents who receive antipsychotic medications in your care center.** (Review both short and long term percentages and keep in mind of course that **lower** percentages are better.)

Men are moving into memory care units at a 14% faster pace than women

Men have been moving into memory care units at a faster rate than women, and providers are adjusting their services to this demographic shift, according to findings released Wednesday by a large senior care referral service. Men in memory care are 30% more likely than women to be combative and also are more apt to wander, according to the analysis. Within care centers that are preparing for this demographic trend, staff members are being prepared to manage aggressive behaviors more successfully and to create more activities that interest men. To review the full article by Tim Mullaney, McKnight's Click here. <http://www.mcknights.com/men-are-moving-into-memory-care-units-at-a-14-faster-pace-than-women-referral-service-finds/article/376471/>